

**Temperature:**

Hotspot of 100° with a cooler end of 70°.

**Habitat:**

Chameleons spend a majority of their time on limbs and branches, so substrates are not important. Provide them with lots of climbing area.

**Experience Level:**

Intermediate

**Lighting:**

Chameleons require 10 hours of UVB lighting per day. To keep the appropriate temperatures overnight, utilize a red heat lamp or ceramic heater.

**Staple Diet:**

Crickets, Mealworms, Superworms, Flightless Fruit Flies and Hornworms

Supplement:

Waxworms (to add fat) and CalciWorms® (to add calcium in a natural method)



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